

ADULT DAY CENTER MENU - FEBRUARY 2012

MONDAY 2/6	TUESDAY 2/7	WEDNESDAY 2/8	THURSDAY 2/9	FRIDAY 2/10
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Cinnamon Raisin Bagel Applesauce Pineapple and Apple Juice Milk	Fresh Baked Biscuits(2) Pineapple Tidbits Pineapple and Apple Juice Milk	Cereal Whole Wheat Toast (2) Banana Orange and Apple Juice Milk	Bagel, Whole/Cream Cheese Diced Pears Pineapple and Apple Juice Milk	French Toast Sticks(3) Mixed Fruit Apple Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Noodle Soup Oven Fried Chicken Mashed Sweet Potato Creamy Cucumber Salad Red Grapes	Lemon Tilapia Tossed Salad Noodle Kugel Cauliflower Apricots/Blueberries Dinner Roll	Sweet and Sour Chicken Brown Rice Carrots Oriental Vegetables Pineapple Tidbits Dinner Roll	Split Pea Soup Garden Salad Vegetable Quiche Assorted Dinner Rolls Granola Spice Cake	Beef Burger on Wheat Bun Potato Wedges Lettuce, Tomato, Onion, Pickle Slices Honey Mustard Slaw Sugar Cookie Challah
Snack	Snack	Snack	Snack	Snack
Cereal Snack Mix Milk	Soft Bagel/Jelly Milk	Pretzels Honey Mustard Dip Milk	Peaches w/ Vanilla Pudding Milk	Diced Pears Milk

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MONDAY 2/13	TUESDAY 2/14	WEDNESDAY 2/15	THURSDAY 2/16	FRIDAY 2/17
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
English Muffin, Whole/Jelly Strawberries Milk	Cinnamon Whole Wheat Toast Diced Pears Orange and Apple Juice Milk	Cereal Hardboiled Egg Banana Pineapple and Apple Juice Milk	Blueberry Bagel,Whole Applesauce Orange and Apple Juice Milk	Pancakes(2) Pineapple Tidbits Apple Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Noodle Soup Apricot Chicken Garlic Mashed Potatoes Pickled Beets Challah Hot Apple Slices	Vegetable Barley Soup Cheese Blintzes Strawberries/Sour Cream Tropical Fruit Streusel Coffee Cake	Red Potato Salad Sloppy Joes on a Deli Roll Coleslaw Cherry Chocolate Cake	Tomato Soup Tuna and Egg Salad Macaroni and Cheese Greens/Tomato Wedges Wh.Wheat Crackers Peaches w/Whipped Topping	Braised Beef Kasha Peas and Carrots Marinated Tomato and Onion Salad Marble Rye Bread Cinnamon Apple Slices Challah
Snack	Snack	Snack	Snack	Snack
Bagel Half/Jelly Milk	Vanilla Yogurt Milk	Cereal Snack Mix Milk	Fresh Plum Milk	Cheese Sq. Wh. Bread Milk

ADULT DAY CENTER MENU - FEBRUARY 2012

MONDAY 2/20	TUESDAY 2/21	WEDNESDAY 2/22	THURSDAY 2/23	FRIDAY 2/24
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Whole Wheat Tst./Jelly (1) Mixed Fruit Apple Juice	Biscuit (2) Cran-Applesauce Pineapple Juice and Apple Juice Milk	Cereal Eng.Muffin Half/Jelly Banana Orange and Apple Juice Milk	Waffle/Syrup (2) Diced Pears Pineapple and Apple Juice Milk	Bagel, Whole /Cream Cheese Apricot Half Apple Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch
BBQ Chicken Chicken Rice Soup Rosemary Potatoes Whole Green Beans Mandarin Oranges w/Pineapple	Garden Salad Baked Potato Veg. Chili and Cheese Dinner Roll Chocolate Chip Cookie	Chef Salad Chicken Jambalaya Herbed Rice Sweet Corn French Bread King's Cake	Chilled Borscht Baked Tilapia Almandine Seasoned Green Beans Apricot Shortcake Wh.Wheat Bread(1)	Roast Beef Barley Vegetable Casserole* Tossed Salad* Pear Slices Marble Rye Bread Challah
Snack	Snack	Snack	Snack	Snack
Graham Crackers Applesauce Milk	Fresh Apple Milk	Tropical Fruit/Cake Milk	Cottage Cheese Peaches Milk	Pretzels Milk

ADULT DAY CENTER MENU - FEBRUARY 2012

MONDAY 2/27	TUESDAY 2/28	WEDNESDAY 2/29	THURSDAY 3/1	FRIDAY 3/2
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cereal Hardboiled Egg Applesauce Pineapple and Apple Juice Milk	Whole Wheat Toast(2)/Jelly Diced Pears Apple Juice Milk	Cinnamon Biscuits(2) Banana Orange and Apple Juice Milk	English Muffin, Whole/Jelly Diced Peaches Pineapple and Apple Juice Milk	Pancakes (2) Pineapple Tidbits Apple Juice Milk
Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Rice Soup Honey Glazed Chicken Oven Browned Potatoes Roasted Vegetables Peaches w/Whipped Topping	Texas Ranch Soup Garlic Cheese Bread Garden Salad w/Wh.Wheat Croutons Hot Apple Pie	BBQ Burger on a Wheat Roll Sweet Potato Wedges Sweet and Sour Slaw Red and Green Grapes	Vegetable Cous Cous Soup Salmon Salad Salad Greens w/Tomato Wedges Whole Wheat Crackers Strawberry Yogurt Parfait	Spaghetti and Meatballs Broccoli/Green Beans Cucumber and Onion Salad Whole Wheat Roll Pear Slices Challah
Snack	Snack	Snack	Snack	Snack
Cereal Snack Mix Milk	Strawberries Milk	Bagel/Cream Cheese Milk	Oatmeal Cookie Milk	Diced Peaches Milk